

HCA FREE DRESS/THEME DRESS GENERALIZED GUIDELINES

Please note that students must always **dress with modesty** in mind and that staff will always have the final say in regards to what is acceptable.

Theme Dress days may have additional guidelines over and above these general guidelines and will be communicated to the student body prior to the day.

You may wear:

- **shorts** that reach your fingertips or are longer
- **skirts/dresses** that are 3" above the knee or are longer
- **shirts/cap sleeve tops** or **tank tops (girls only)** with a 2 inch or wider strap
- **leggings** with a top that is at least to your fingertips or longer (please note that tights are not considered leggings)
- **logoed clothing/hat** that has appropriate and encouraging language, messages, advertising and/or symbols/pictures
- **casual pants/jeans/athletic pants** and **capris**
- **hats** (please note that staff may ask a student to remove the hat during class time, chapel time and prayer time)

You may not wear:

- **spaghetti straps**
- **strapless tops** or **dresses**
- **backless** and/or **sheer/lace backed tops** or **dresses**
- **crop tops** that reveal skin (wear a top underneath)
- **revealing clothes** such as low cut tops, tops that reveal midriff, clothing with tears in inappropriate places, and skin tight clothing or tank tops/sleeveless shirts for boys
- clothing that **reveals undergarments** such as underwear, bras, etc. when sitting or standing
- **logoed clothing** that includes but is not limited to the following: alcohol/drug slogans or advertising, derogatory or suggestive text/pictures/symbols, etc.
- **pajamas**

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