



Kindergarten Swimming Lessons

Dear Parents,

June 17/18

As part of our physical education program, students will participate in swimming lessons at the Village Square Leisure Centre (2623 56 St NE). There will be 5 lessons lasting 48 minutes each and we expect all students to participate. Prepayment for the lessons was received during registration. The lessons and schedule are as follows:

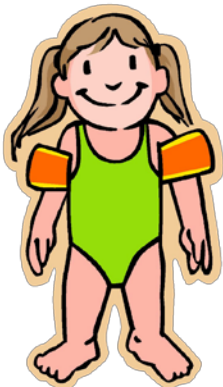
Kindergarten B/C – June 11-14, 2018

June 4th - Bus pick up at HCA at 11:50 am (lesson 12:30-1:30pm) Bus pick up at VSLC at 1:55 pm (KB classes)
June 5th - Bus pick up at HCA at 11:50 am (lesson 12:30-1:30pm) Bus pick up at VSLC at 1:55 pm (KC class)
June 6th - Bus Pick up at HCA at 11:50 am (lesson 12:30-1:30 pm) Bus pick up at VSLC at 1:55 pm (KB classes)
June 7th - Bus Pick up at HCA at 11:50 am (lesson 12:30-1:30 pm) Bus pick up at VSLC at 1:55 pm (KC class)

June 11th - Bus pick up at HCA at 8:50 am (lesson 9:30-10:15am) Bus pick up at VSLC at 10:40 am (KB classes)
June 12th - Bus pick up at HCA at 8:50 am (lesson 9:30-10:15am) Bus pick up at VSLC at 10:40 am (KC class)
June 13th - Bus Pick up at HCA at 8:50 am (lesson 9:30-10:15 am) Bus pick up at VSLC at 10:40 am (KB classes)
June 14th - Bus Pick up at HCA at 8:50 am (lesson 9:30-10:15 am) Bus pick up at VSLC at 10:40 am (KC class)

Swimming Information

1. Students need to bring their own *towel*, *swimsuit*, and nose plug (if needed) and will be responsible for their own clothes.



2. Please do not let your child bring any valuables to the pool as we cannot be responsible for lost or stolen items.

3. Parents are not to drive their children to the pool, except **ONLY** if arriving later than scheduled bus departure! Attendance will be taken before the ride to the pool and after swimming lessons.

4. The students will **NOT** be allowed to buy candy at the pool. Please do not send spending money with your child.

5. Please label all swim clothes, towels and school clothes with child's name. Items can easily be mixed up.





Elementary Swimming Lessons

To help place your child in the appropriate class (level), please indicate what level of skills your child has. If your child has participated in either the Red Cross Swim Kids program or the Lifesaving Swim for Life program previously, please indicate the highest level completed. If your child was enrolled in another program please fill out the OTHER selection under the badges.

Red Cross Swim Kids Program

(Acadia, Bob Bahan, Canyon Meadow, Foothills, Inglewood, Renfrew, Shouldice)

<input type="checkbox"/>	Preschool Swim Kids Salamander (completed)	<input type="checkbox"/>	Swim Kids 4 (completed)
<input type="checkbox"/>	Preschool Swim Kids Sunfish (completed)	<input type="checkbox"/>	Swim Kids 5 (completed)
<input type="checkbox"/>	Preschool Swim Kids Crocodile (completed)	<input type="checkbox"/>	Swim Kids 6 (completed)
<input type="checkbox"/>	Preschool Swim Kids Whale (completed)	<input type="checkbox"/>	Swim Kids 7 (completed)
<input type="checkbox"/>	Swim Kids 1 (completed)	<input type="checkbox"/>	Swim Kids 8 (completed)
<input type="checkbox"/>	Swim Kids 2 (completed)	<input type="checkbox"/>	Swim Kids 9 (completed)
<input type="checkbox"/>	Swim Kids 3 (completed)	<input type="checkbox"/>	Swim Kids 10 (completed)

Lifesaving Swim for Life Program

(Village Square, Beltline, Glenmore, Killarney, Churchill, Thornhill, Southland)

<input type="checkbox"/>	Preschool L'il Swimmer 1 (completed)	<input type="checkbox"/>	Swimmer 3 (completed)
<input type="checkbox"/>	Preschool L'il Swimmer 2 (completed)	<input type="checkbox"/>	Swimmer 4 (completed)
<input type="checkbox"/>	Preschool L'il Swimmer 3 (completed)	<input type="checkbox"/>	Swimmer 5 (completed)
<input type="checkbox"/>	Preschool L'il Swimmer 4 (completed)	<input type="checkbox"/>	Swimmer 6 (completed)
<input type="checkbox"/>	Preschool L'il Swimmer 5 (completed)	<input type="checkbox"/>	Rookie Patrol (completed)
<input type="checkbox"/>	Swimmer 1 (completed)	<input type="checkbox"/>	Ranger Patrol (completed)
<input type="checkbox"/>	Swimmer 2 (completed)	<input type="checkbox"/>	Star Patrol (completed)

Other: _____

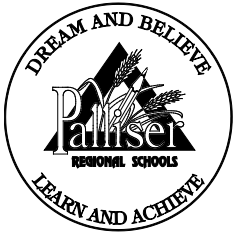
Skills: If your child has not taken lessons or are unsure of their level, please place an 'X' beside those skills that you KNOW they can do comfortably:

<input type="checkbox"/>	Submerge (whole head under water)	<input type="checkbox"/>	Jump into deep water unassisted
<input type="checkbox"/>	Blow bubbles	<input type="checkbox"/>	Support self at surface in deepwater
<input type="checkbox"/>	Front float (hold the position for 5 seconds)	<input type="checkbox"/>	Front and/or back swim (using arms and legs)
<input type="checkbox"/>	Back float (hold the position for 5seconds)		

If you have any questions or concerns about this program, please feel free to contact the Village Square Leisure Centre at 403.366.3900. **Please return this entire sheet by Thursday December 10.**

Name _____ in class _____ (indicate A or B or C if applicable i.e. KA, KB,) has permission to travel on the bus to take swimming lessons at the Village Square Leisure Centre from April 10 – 21, 2017

Parents Signature: _____ Date: _____



PALLISER REGIONAL SCHOOLS
Informed Consent/Permission Form
for Minor Tours

DETAILS OF TOUR

Kindergarten Swimming Lessons _____

Date: June 4-7, 11-14, 2018

Destination: Village Square Leisure Centre

Summary of Activities (Itinerary Attached): swimming lessons at the pool

Supervisor(s): Kindergarten teachers

Transportation Arrangements: School Bus _____ Car: _____
(Name of volunteer providing vehicle with whom child will be traveling)

_____ Commercial Bus _____ Other: _____

Contact Person: Melissa Mann Phone: Melissa.mann@pallisersd.ab.ca

ELEMENTS OF RISK

Educational activity programs such as swimming lessons involve certain elements of risk. Injuries may occur while participating in these activities. The following list includes, but is not limited to, examples of the types of injuries which may result from participating in swimming.

1. slipping and falling
2. transportation issues
3. drowning

The risk of sustaining these types of injuries result from the nature of the activity and can occur without fault of either the student or the School Board, Heritage Christian Education Society Board, its employees/agents or the facility where the activity is taking place. By choosing to take part in this activity, you are accepting the risk that your/your child may be injured.

The chance of an injury occurring can be reduced by carefully following instructions at all times while engaged in the activity.

If you choose to participate in swimming lessons on June 11-14, you must understand that you bear the responsibility for any injury that may occur.

The Board of Trustees of Palliser Regional Schools has invested in IAP Student Accident Insurance, with enhanced coverage for the school year. This provides insurance coverage for all students, teachers and non-teachers on Palliser staff from the time they leave their residence to travel to school to the time they arrive at their residence (or their first destination) after school. This coverage also applies during approved and supervised school trips/activities.

ACKNOWLEDGEMENT

We have read the above. We understand that by participating in the activity described above, we are assuming the risks associated with doing so.

Signature of Student

Date

Signature of Parent/Guardian

Date

PERMISSION

I give _____ (name of student) permission to participate in
_____ swimming lessons _____ to be held on or about _____ April 10-21 _____.

Signature of Parent/Guardian

Date